

Weathersfield Elementary School

3151 Darlington Drive
Thousand Oaks, CA 91360
Phone: (805) 492-3563
Fax: (805) 492-4452

Laurie Davis
Principal

Mark W. McLaughlin, Ed.D.
Superintendent



WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL

Please use the following guidelines, to determine if your child is too sick to go to school.

1. A child who is lethargic, not eating well and not sleeping through the night due to the symptoms of a cold should stay home.
2. If your child has a fever of 100°F or above, the child should stay home from school. **A child should be fever-free without the use of fever reducing medication, i.e. Acetaminophen (Tylenol) or Ibuprofen (Advil) for 24 hours before returning to school.** That means if your child had a fever the night before, s/he should stay home from school the next day.
3. A child who has vomited or is having diarrhea should stay home.
4. A child who has excessive nasal discharge and/or is frequently coughing or sneezing should stay at home.
5. A child with redness of the eye, crusting of the eyelids or drainage from the eyes should stay at home and cannot return unless treated by/approved by the physician (in writing).
6. Any child with a blistery rash, a rash of unknown origin, or a rash accompanied by fever should not be sent to school unless approved by the physician (in writing). A blistery rash may indicate chicken pox.
7. If your child has been diagnosed with a contagious parasite such as scabies, head lice, pinworms, or other infestation, please alert the school office immediately. This is extremely important so that we may take steps to control the spread to other children/families. Your child may return to school with a doctor's note stating that he or she is no longer contagious or in the case of head lice if the student is free of nits (the front office staff must check for nits upon arrival at school BEFORE the child goes to their classroom).
8. If your child has an injury which requires a brace of any kind, he/she must sit out of all physical activity (PE, Recess, and Dance) unless a physician supplies a note stating otherwise. This restriction will remain in place until the student comes to school without wearing the brace (or is released by a physician). Students with injuries requiring a doctor's visit will need to have the physician fill out a READMISSION TO SCHOOL OF STUDENT WITH TEMPORARY DISABILITY DUE TO INJURY, ILLNESS OR SURGERY form. The form provides us with instructions as to how best support your child's healing here at school. The form may be obtained from the front office or downloaded from the CVUSD website.
9. Please direct ALL notes from parents or doctors regarding illness or injury to the front office (not the teachers).

Please help keep our staff and children well during the winter months. Your cooperation is appreciated.

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CUÁNDO DEJAR A SU HIJO EN CASA DESDE LA ESCUELA

Por favor, siga las siguientes instrucciones para determinar si su hijo está demasiado enfermo para ir a la escuela.

1. Un niño que está letárgico, no come bien y no duerme en toda la noche debido a los síntomas de un resfriado, debe quedarse en casa.
2. Si su hijo tiene fiebre de 100°F o más, el niño debe quedarse en casa. **Un niño debe estar libre de fiebre sin el uso de medicamentos para reducir la fiebre, por ejemplo: acetaminofeno (Tylenol) o ibuprofeno (Advil) por 24 horas antes de regresar a la escuela.** Esto significa que si su hijo tuvo fiebre la noche anterior, ella/él debe quedarse en casa el siguiente día.
3. Un niño que ha vomitado o tiene diarrea debe quedarse en casa.
4. Un niño que tiene secreción nasal excesiva y/o tose o estornuda con frecuencia deben quedarse en casa.
5. Un niño con el ojo rojo, formación de costras en los párpados u ojos llorosos debe quedarse en casa y no puede volver a no ser tratado por/aprobado por el médico (por escrito).
6. Cualquier niño con un salpullido con ampollas, un salpullido de origen desconocido u un salpullido acompañado de fiebre no debe ir a la escuela a menos que sea aprobado por el médico (por escrito). Un salpullido con ampollas puede indicar la varicela.
7. Si su hijo ha sido diagnosticado con un parásito contagioso como la sarna, piojos, gusanos nematodos u otra infestación, por favor avise a la oficina de la escuela inmediatamente. Esto es extremadamente importante para que podamos tomar las medidas para controlar la propagación a otros niños/familias. Su niño puede regresar a la escuela con una nota del médico, indicando que él o ella ya no es contagiosa o en el caso de los piojos de la cabeza, si el estudiante está libre de liendres (el personal de la oficina debe comprobar si hay o no hay liendres a su llegada a la escuela).

Por favor, ayude a mantener nuestro personal y los niños saludables durante los meses de invierno. Su cooperación es apreciada.